

LESSON	GRAMMAR/FUNCTION	VOCABULARY	PRONUNCIATION	READING	LISTENING/VIDEO	SPEAKING	WRITING	
LEAD-IN p6								
<b>1 me and you</b> <b>B B C</b> VLOGS   Who are you?								
<b>1A</b>	<b>Hi!</b> p8	Present simple: <i>I, you, we, they</i>	Jobs and studies	Weak forms and linking: <i>do you</i>		Understand people introducing other people	Introduce and talk about yourself	Write a personal profile; use capital letters
<b>1B</b>	<b>Same but different</b> p10	Present simple: <i>he, she, it</i>	Common verb phrases <b>FUTURE SKILLS</b> Self-management	Third person -s	Read an article about twin brothers who are very different		Talk about a friend or a family member	
<b>1C</b>	<b>Let's meet.</b> p12	<b>How to ...</b> make suggestions	Adjectives for feelings; time phrases <b>FUTURE SKILLS</b> Self-management	Intonation to show interest	Understand text messages between friends		Make suggestions <b>MEDIATION SKILLS</b> Make a free-time plan together	
<b>1D</b>	<b>Family and friends</b> p14	Possessive 's, s'	Family			<b>B B C</b> Street Interviews about people and their families	Talk about people in your life	Describe five people in your life
UNIT 1 REVIEW p16								
<b>2 lifestyle</b> <b>B B C</b> VLOGS   What food do you like and dislike?								
<b>2A</b>	<b>Can't live without it</b> p18	Countable and uncountable nouns; <i>a, an, some, any</i> <b>FUTURE SKILLS</b> Self-management	Food and drink	The weak /ə/ sound: <i>a, an, some</i>		Understand people talking about food	Talk about food shopping and eating habits	Write an online comment; use linking words: <i>and, but, or</i>
<b>2B</b>	<b>Your lifestyle and you</b> p20	Adverbs and phrases of frequency	Everyday activities	Linking	Read and do a lifestyle quiz		Discuss what is important in your life	
<b>2C</b>	<b>Eating out</b> p22	<b>How to ...</b> order a meal in a restaurant	Restaurant words	Polite intonation <b>FUTURE SKILLS</b> Communication	Read an article about online photos of food		Order a meal in a restaurant	<b>MEDIATION SKILLS</b> Help someone understand a pizza menu
<b>2D</b>	<b>The Indian Relay</b> p24	<i>like, hate, love + -ing</i>				<b>B B C</b> Programme <i>Mountain: Life at the Extreme</i>	Talk about a special event	Describe an event
UNIT 2 REVIEW p26								
<b>3 home</b> <b>B B C</b> VLOGS   Do you ever have visitors staying in your home?								
<b>3A</b>	<b>Come in.</b> p28	<i>this, that, these, those; here, there</i>	Rooms and furniture	/ɪ/ and /i:/		Understand someone talking about their apartment		Write a description of a home for a website; use commas
<b>3B</b>	<b>Too much stuff</b> p30	<i>have got</i>	Common adjectives (1) <b>FUTURE SKILLS</b> Self-management	Sentence stress	Read about how to 'say goodbye' to clutter		Talk about and describe objects in your home	
<b>3C</b>	<b>What can I bring?</b> p32	<b>How to ...</b> make invitations and offers	Social phrases	Rhythm in phrases	Read and do a questionnaire about how to be a good guest		Accept invitations <b>FUTURE SKILLS</b> Social responsibility	<b>MEDIATION SKILLS</b> Give advice to a friend about your country
<b>3D</b>	<b>Your neighbourhood</b> p34	<i>there is, there are</i>				<b>B B C</b> Street Interviews about where people live	Talk about your local area	Write an email about your local area
UNIT 3 REVIEW p36								
<b>4 this world</b> <b>B B C</b> VLOGS   Do you enjoy quizzes?								
<b>4A</b>	<b>What a decade!</b> p38	Past simple of <i>be</i> : <i>was, were</i>	Time phrases (1) and dates	Weak and strong sounds: <i>was, were</i>		Listen to a podcast about events in the 2010s	Talk about a time in your life	Write about a special time; use time phrases
<b>4B</b>	<b>Life in numbers</b> p40	<i>how much, how many; how + adjective</i>	Amounts; numbers	Intonation to check understanding	Read an article with fun facts about numbers		Ask and answer questions about world number facts <b>FUTURE SKILLS</b> Communication	
<b>4C</b>	<b>Where can I get ...?</b> p42	<b>How to ...</b> get help in shops	Shops and shopping <b>FUTURE SKILLS</b> Self-management	Linking	Understand text messages between friends		Get help in a shoe shop <b>MEDIATION SKILLS</b> Buy something for a friend	
<b>4D</b>	<b>Sakura time</b> p44	<i>should, shouldn't</i> ; imperatives	Weather and seasons			<b>B B C</b> Programme <i>Springwatch in Japan</i>	Talk about a good time to visit	Write an email about the best time to visit
UNIT 4 REVIEW p46								

LESSON	GRAMMAR/FUNCTION	VOCABULARY	PRONUNCIATION	READING	LISTENING/VIDEO	SPEAKING	WRITING
<b>5 the past B B C VLOGS</b>   When you were a child, what was your favourite thing/place/food/music? Why?							
<b>5A</b> Then and now p48	Past simple: regular verbs	Time phrases (2)	-ed ending of regular verbs	Read an article about big life changes		Discuss your life 'then and now'	
<b>5B</b> What went wrong? p50	Past simple: irregular verbs; <i>wh-</i> questions	Life events	Irregular verbs		Understand people talking about events that went wrong	Describe an important life event	Write a mini-bio; use linking words: <i>after that, then, next</i>
<b>5C</b> Sorry I'm late. p52	<b>How to ...</b> apologise and make excuses	Excuses; saying the time	Intonation for apologising	Read a short article about excuses in the digital age		Apologise and make excuses <b>FUTURE SKILLS</b> Social responsibility <b>MEDIATION SKILLS</b> Help a friend to tell a story	
<b>5D</b> My weekend was ... p54	Adjectives and modifiers				<b>B B C</b> Street Interviews about what people did at the weekend	Talk about last weekend	Write about a recent activity
UNIT 5 REVIEW p56							
<b>6 out and about B B C VLOGS</b>   Where do you spend time when you are in town?							
<b>6A</b> Meet me in town. p58	Present continuous	Clothes and appearance	Weak form of <i>are</i>		Understand someone describing a person	Describe people and what they are doing in a picture	Write a description of a group photo
<b>6B</b> My way p60	Comparative adjectives	Common adjectives (2); transport collocations	Sentence stress	Read an article about unusual ways to get to work		Discuss journeys by different forms of transport	
<b>6C</b> Getting around p62	<b>How to ...</b> give directions	Places	Stress to correct information	Read a leaflet about Dublin		Give and follow directions <b>FUTURE SKILLS</b> Communication	<b>MEDIATION SKILLS</b> Help a group make a plan
<b>6D</b> Cities: nature's new wild p64	Prepositions and adverbs of movement				<b>B B C</b> Programme <i>Cities: Nature's New Wild</i>	Talk about an experience	Write about an experience
UNIT 6 REVIEW p66							
<b>7 work B B C VLOGS</b>   What job would you most like to do?							
<b>7A</b> Odd jobs p68	Articles: <i>a, an, the</i> , zero <b>FUTURE SKILLS</b> Self-management	Skills and qualities	Weak forms: <i>a, an, the</i>	Read an article about interesting jobs		Talk about jobs that fit people in your class	
<b>7B</b> An extra day p70	Present simple and present continuous	Phrasal verbs	Connected speech, the /t/ sound		Listen to a podcast about volunteer work	Discuss and choose volunteer jobs <b>FUTURE SKILLS</b> Collaboration	Write a blog post; use example language
<b>7C</b> I'm calling to check ... p72	<b>How to ...</b> phone for information	Phoning	Friendly intonation		Understand an automated message	Phone to ask for or give information	<b>MEDIATION SKILLS</b> Give someone the information they need
<b>7D</b> Would you like to ...? p74	Verbs and <i>to</i> infinitive				<b>B B C</b> Street Interviews about people's skills	Do a survey	Write a summary of a survey
UNIT 7 REVIEW p76							
<b>8 travellers B B C VLOGS</b>   What place in the world would you most like to visit?							
<b>8A</b> Trip advice p78	Superlative adjectives	Describing places	-t in superlatives	Read a discussion forum about travel		Talk about a good city to visit and the best things to do there	
<b>8B</b> Surprise travel p80	<i>be going to</i>	Travel activities	Weak form of <i>to</i>		Understand a podcast about surprise travel	Interview someone and suggest a trip for them	Write a description of a trip; use linking words: <i>so, because</i>
<b>8C</b> At a hotel p82	<b>How to ...</b> make requests and offers in a hotel <b>FUTURE SKILLS</b> Social responsibility	Hotel language; hotel rooms	The contraction 'll	Read an article about hotel guests' questions		Make requests and offers in a hotel <b>MEDIATION SKILLS</b> Discuss a short story	
<b>8D</b> Arctic Academy p84	Adverbs of manner				<b>B B C</b> Programme <i>Arctic Academy</i>	Talk about a difficult trip	Write about a trip

UNIT 8 REVIEW p86